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travel shortcuts

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MUM'S THE WORD FOR GETAWAYS

There are two Mother's Day parent-pampering packages at spa retreats near Sydney. The Solar Springs Retreat in the Southern Highlands of Sydney has a Parents' Weekend Escape package for \$1090 per couple, including two nights accommodation, meals, activities and Swedish massage and hydro bath per person. Or parents can head to the Golden Door Health Retreat Elysia in the Hunter Valley, north of Sydney, for a Mother's Day Healthy Weekend Escape valid until June 30. Bookings for weekend escapes for two nights will include a \$200 credit to use in the resort's spa sanctuary. Details: www.holidayswithkids.com.au.

